



THE ENERGY CODES®

BY DR. SUE MORTER

FULL-DAY WORKSHOP

“The Energy Codes: Change Your Life by Changing Your Energy”

A Quantum Shift in your Reality, Life and Love is available to you and can happen in an instant. The Energy Codes is a powerful 7-step system that provides the road map to show you how.

In this full-day workshop based on *The Energy Codes®* by Dr. Sue Morter, you will:

- Discover *Anchoring Techniques* to stop living in your head to stop creating anxiety and stress.
- Learn *B.E.S.T. Release* to clear subconscious interferences preventing you from enjoying optimal physical, emotional, and mental wellness.
- Practice *Intentional Breathwork* for energy release and physical and emotional healing.
- Experience *Peace* with yourself, harmony with others, and relaxation in life.
- Lock in a clear understanding of *Quantum Science* that can help you *self-heal forever*.
- Learn the *language of the soul* and become the soul in action.
- *Transcend the personality* and ALL of its limiting beliefs for a life that flows with ease.
- *Heal pain* in your body and turn on the vital force you are *meant to be* in the world.



SILVERSTONE
COACHING

2-hour, 4-hour and multi-week book study workshops are available, in addition to the full day session described here. I combine practices, facilitation and in-the-moment coaching for a uniquely engaging learning experience.

Email jeffrey@silverstonecoaching.com or visit me at silverstonecoaching.com for more info.

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